BEAT THE HEAT

metroNEWS

LIVE 88·5FM

Ottawa metro

WILD WEEKND
VIEWS FROM THE MMVAs
metroLIFE

Your essential daily | MONDAY, JUNE 22, 2015 | High 27°C/Low 17°C Sunny

PROUD MOVES

A man dances during National Aboriginal Day celebrations on Sunday at Vincent Massey Park in Ottawa. JOE LOFARO/METRO

Call centre issues need fixing: Union

LABOUR

Public Service Alliance says low morale a major concern

Michael Woods
Metro | Ottawa

Canada's largest federal union has tabled bargaining demands seeking better working conditions at government call centres.

In the latest round of talks last week, the Public Service Alliance of Canada also proposed a memorandum of understanding to form a joint committee with the Treasury Board that would "review, recommend and implement minimum standards for working conditions."

"PSAC has been trying for many years to address the unique problems faced by our members who deal directly with the Canadian public in contact centres," national executive vice-president Chris Aylward said in a release. "We need to find solutions through various means, and bargaining is one of a few methods we can pursue."

PSAC has more than 6,000 members working in federal government call centres. The union says many workers are overworked and suffer severe stress and from dealing with backlogs to services such as employment insurance.

PSAC says morale is low because employees have little control over their work, and are allowed a maximum of only 10 seconds between calls, which causes problems such as visual fatigue and voice strain.

The union is also demanding a halt in reduction of resources at payment and processing services of Canada "until an independent assessment can determine the impact resource cuts have had on the delivery of services."

"PSAC members work directly with the Canadian public and are just as frustrated about the Service Canada backlog as the people who are being forced to wait for weeks, if not months," PSAC national president Robyn Benson said in a release.

The union said it has obtained figures showing the backlog of EI claims rose to more than 253,000 by the end of March.

Nathalie Paulin, a member of PSAC's program and administrative services bargaining unit, said last week that the cuts to call centre staff mean "the people that are left behind have to do more with less."

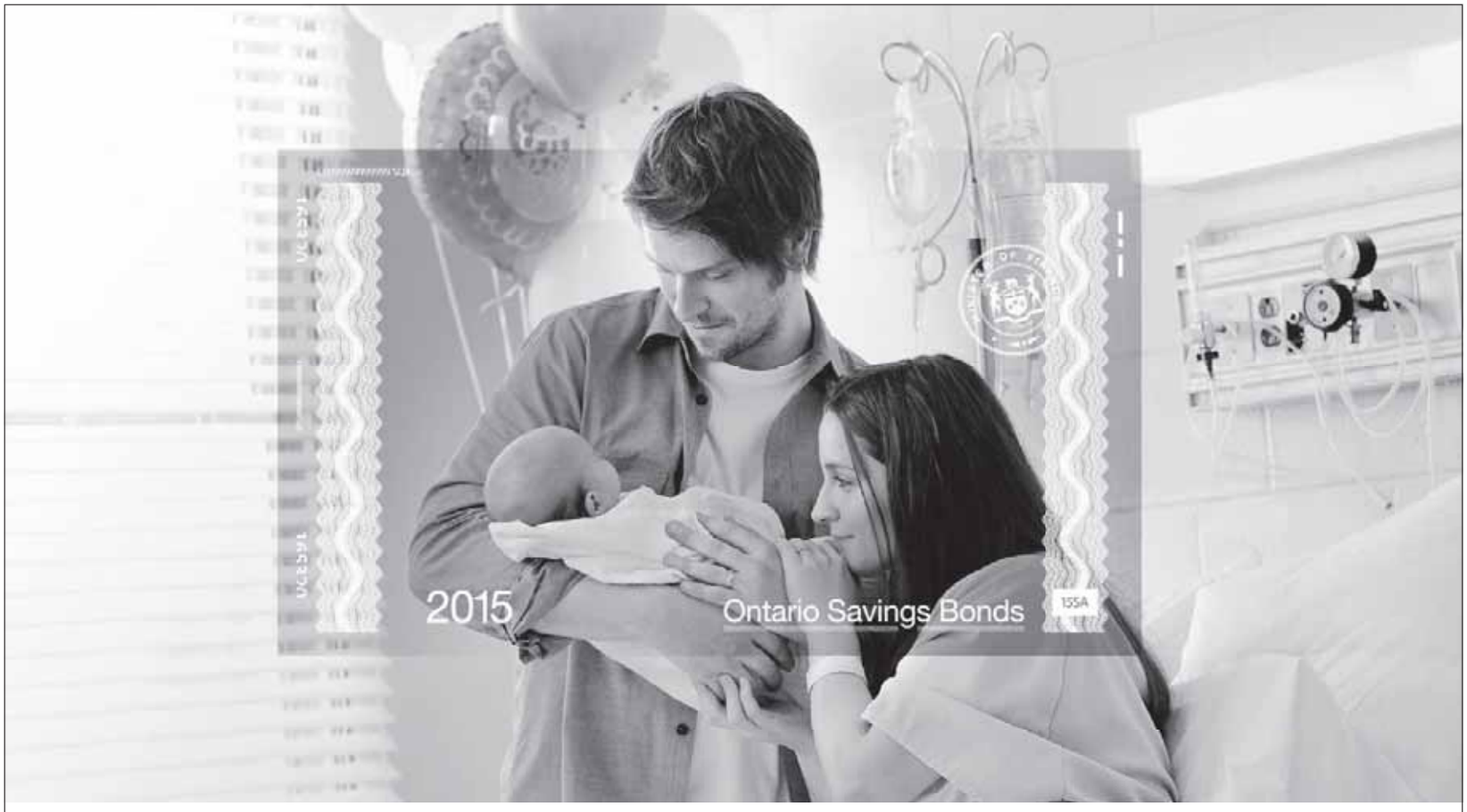
In March, PSAC proposed a memorandum of understanding to establish a task force on mental health issues in the workplace, a proposal Treasury Board accepted.

> **We need to find solutions through various means, and bargaining is one of a few methods we can pursue.**
> Chris Aylward

THERE'S STILL TIME!

Fall 2015
Apply now!

UNIVERSITÉ SAINT-PAUL UNIVERSITY
ustpaul.ca
223 Main St., Ottawa ON



Invest in something bigger.

Invest in your future, and your province's, with Ontario Savings Bonds. You can rest assured it's a safe, flexible investment with competitive rates, guaranteed by the province.

Invest where you live. Available June 1 – 22.

STEP-UP RATE BOND
The competitive interest rate continues to rise with each year over its 5-year term. You can redeem every six months.

1ST YEAR	0.75%
2ND YEAR	0.90%
3RD YEAR	1.05%
4TH YEAR	1.20%
5TH YEAR	1.35%

VARIABLE-RATE BOND
To remain competitive, a new rate is offered annually over the 3-year term. You can redeem annually.

CURRENT RATE	0.80%

FIXED-RATE BOND
Enjoy a set competitive interest rate for the duration of the bond's term.

3-YEAR FIXED-RATE BOND	0.90%
10-YEAR FIXED-RATE BOND	2.35%

ontario.ca/savingsbonds • 1-888-212-BOND (2663) • TTY: 1-800-263-7776

Paid for by the Government of Ontario

Ontario Savings Bonds | Ontario

metro NEWS

Your essential daily news

Yoga fans stretch around the globe. **World**

‘Hopefully, we can change the future for boys like Max’

FUNDRAISER

Father, son cycling 600 kilometres to fight DMD

Haley Ritchie
Metro | Ottawa

It’s a Father’s Day Andrew Sedmihradsky and his four-year-old son Max will never forget: On Sunday they started out on a 600-kilometre bike ride from Ottawa to Hamilton.

The Ontario father-and-son duo (Andrew will be doing the peddling) are raising funds and awareness for Duchenne Muscular Dystrophy, a genetic and fatal disease that slowly degrades the body’s muscles.

Four-year-old Max was diagnosed with the disease two years ago, and odds are he will be in a wheel chair before his 12th birthday.

“The one thing we have on our side is time,” said Sedmihradsky, preparing to start the journey at Parliament Hill’s eternal flame.

“Right now Max can’t run like other kids can, can’t jump. As he gets older and older his muscles will get weaker and weaker.”

Life expectancy for those with Duchenne’s disease is around 25. It almost exclusively affects boys and one in every 3,500 boys born around the world suffers from DMD, Sedmihradsky said.

The family doesn’t have a history of the disease in their family, and the diagnosis was a shock. Even then, Sedmihradsky was motivated to face it head-on.

“I thought very early on, even two days after the diagnosis, we have to fight this. It’s taken a while to get to this point, but the idea is, hopefully, we can change the future for boys like Max.”

There will be plenty of playground pit stops along the way.

Many hotels have donated rooms to put Max and his dad up on their 11-day cycling journey to Hamilton. So far they had already raised $33,568 before mounting the bike.

There is no cure for Duchenne’s, but advances in research have improved lifespan.

> **“I’m going to keep doing this or something similar until we find a cure.”**
> Andrew Sedmihradsky

In Canada the main fundraising organization is Jesse’s Journey, which helped organize Max’s Big Ride.

“We’re not going to solve the problem by the end of the summer. There’s not going to be a cure, so I’m going to keep doing this or something similar until we find a cure,” Sedmihradsky said.

The duo is expected to finish the race at Bayfront Park in Hamilton on July 1, in time for Canada Day celebrations.

Those following the journey at home are invited to donate funds through Jesse’s Journey by visiting the Max’s Big Ride website at ww.maxsbigride.com.

Andrew Sedmihradsky and his son, Max, will be riding along in a cargo bike lent to the fundraisers by Urkai bike shop in Burlington. HALEY RITCHIE/METRO

FIRE

Man suffers ‘serious’ burns

Joe Lofaro
Metro | Ottawa

A man was sent to hospital in serious condition with burns to his skin and airways Sunday after a fire ripped through a west-end home.

Ottawa Fire Services received a 911 call just after 9 a.m. about black smoke and flames before responding to 331 Iona St., near the intersection of Byron Avenue and Island Park Drive.

Fire crews reported heavy smoke upon arrival and quickly doused the fire by approximately 9:17 a.m.

Paramedics assessed a man at the scene and sent him to hospital to receive treatment in the burn unit.

“Smoke can be both corrosive as well the temperature (can cause) thermal injury as well,” said Ottawa Paramedics Service spokesman Keith Buchanan.

“It could take 24 hours for the swelling to appear. It needs to be under close observation. It can be very serious.”

No other injuries were reported and an estimated dollar amount for damages was not released.

The cause of the fire is under investigation.

Ottawa police, Enbridge Gas, and Hydro Ottawa also responded to the fire, according to the fire department.

HOMICIDE

Ottawa men arrested in relation to February death

Michael Woods
Metro | Ottawa

Ottawa police have arrested two men in relation to the February homicide of Yusuf Ibrahim.

Mohamed Abdullahi, 32, and Abdullahi Osman, 23, are each facing one count of first-degree murder and are being held in custody.

The men made brief court appearances on Saturday and are scheduled to appear in court again this week. The two arrests come after a months-long police investigation into the city’s first homicide of the year.

Ibraham, 27, was gunned down Feb. 6 on Forestglade Crescent, near the intersection of Hunt Club Road and Hawthorne Roads.

In March, police released pictures of three persons of interest in the case, and uploaded YouTube footage of a black Dodge Charger speeding near the scene. Early this month, Ottawa police announced a $50,000 reward for information leading to an arrest or prosecution of those responsible.

Police had confirmed he was a known gang member and was known to police in relation to his involvement in gang activity.

The shooting shocked neighbours in the quiet neighbourhood in Gloucester Southgate ward and prompted a usual crime scene visit by police chief Charles Bordeleau. He was said to be there for moral support and to speak with residents who lived nearby.

“I assured them that preventing and investigating these types of acts are a top priority for our service and our investigators are focused on finding those responsible,” wrote Bordeleau in a statement issued to the media following the shooting.

Yusuf Ibrahim POLICE HANDOUT

IN BRIEF

Two in hospital after fall from ferris wheel

Two people were injured Saturday after falling off a ferris wheel at the Amnesia Rockfest in Montebello, Que.

A Sûreté du Québec spokesman confirmed the two individuals were taken to hospital, but suffered only “minor injuries.” The police force did not say if it would open an investigation.

Twitter user @BlanWife claimed to have witnessed the fall at the music festival. She tweeted it was “so terrifying.” HALEY RITCHIE/METRO

Summer in the city

Beaches opened for the first time Sunday, and Environment Canada is predicting a hotter-than-usual summer this year. Whether your hot-weather strategies involve beers by the river or taking kids to the splash pad, the city offers plenty of ways to beat the heat. **Haley Ritchie/Metro**

1 Splash Pads

Wading pools are still open and in use in Ottawa, but if you're close to a splash pad it's time to ditch the shallow warm water and floating Band-Aids in favour of one of the city's urban mini-water parks.

Most of Ottawa's over 100 slash pads are open from 8 a.m. to 8 p.m. Many have a variety of gizmos and gadgets that spray, mist and dump water in every direction. One of the most popular areas is Brewer Park in Old Ottawa South, featuring a two-level water slide.

2 Beaches

While some malign the beaches along the Ottawa River as dirty and crowded, not every city has access to waterfront. The city carefully monitors pollution levels to make sure swimming is safe, and it you're worried, check the City of Ottawa website before you leave or pay attention for the flags on the beach.

Ottawa has five different beaches inside the city limits, but Brittania Beach and Mooney's Bay Beach are both large and centrally located. Brittania offers plenty of parking and plenty of green space, and Mooney's Bay offers volleyball net rentals and an on-site bar and patio.

3 Patios

We decided we couldn't recommend just one patio — not only does Ottawa boast a great assortment of en plein air drinking areas, but everyone has different tastes — in both drink selection and location.

Are you a people watcher, preferring an elevated second-floor perch to watch the streets below? Try the Fox and Feather on Elgin Street, The Royal Oak beside the canal on Echo Drive, or Mambo in the market.

If you prefer something quieter and more secluded, try the cobblestone courtyard of The Black Tomato on George Street or the seclusion and river-views of Mill Street Brewery.

4 Ice Cream

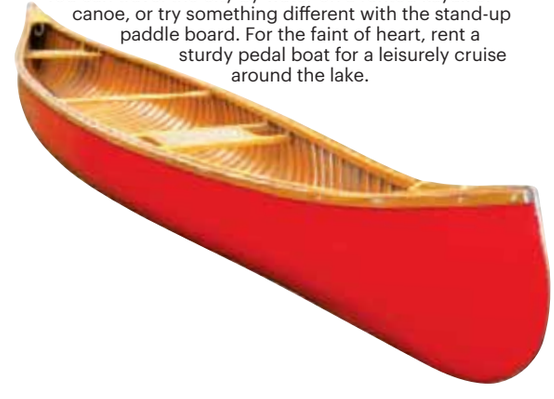
Ottawa has plenty of places to get a cool treat — whether you are waffle-cone crazy, a Popsicle person or a soft-serve devotee.

This year Ottawa-original Stella Luna Gelato Café has a downtown gelato cart in addition to its storefront in Old Ottawa South. The made-from-scratch gelato is delicious, and the variety of flavours are endless. Down the street in the Glebe you will also find Marble Slab Creamery which offers lactose-free and regular ice cream plus over a dozen types of toppings of your choosing. Going for a stroll in the market? Cool down with a cone or cup of fresh gelato at Piccolo Grande.

5 Boating

Dow's Lake boat rentals offers four different kinds of crafts for even the most inexperienced of boaters. While we don't recommend taking a dip in the weedy-waters of the canal, there's always a great breeze on the water and dipping your toes is perfectly refreshing.

You can travel the city by water on a rented kayak or canoe, or try something different with the stand-up paddle board. For the faint of heart, rent a sturdy pedal boat for a leisurely cruise around the lake.



THIS WEEK IN MUNICIPAL POLITICS

5 THINGS to watch for at city hall this week:

1 Ottawa Police report on October shootings

On Monday at 5 p.m. the Ottawa Police Service board will receive the chief's report on the October Parliament Hill shootings, including successes and recommendations.

OPS said weaknesses in the operation included a shortage of working equipment and lack of communication during the chaos.

2 Controversy at 180 Metcalfe

A 27-storey development planned for 180 Metcalfe (currently the Medical Arts building) is up for discussion at Planning Committee on Tuesday. The committee will be debating heritage status to preserve the current building's exterior, new zoning for a hotel and of course, the always-contentious height situation.

3 New mural in Vanier

The owner of a house on Guy Street is asking the Planning Committee's permission to undertake a new mural with local high school students.

The fence on the property is a frequent target of graffiti, and the owner is hoping a community-led beautifying project might change that.

4 Budget 2016 talks begin

The 2016 budget discussions are coming.

The City will be giving a briefing to members of the public interested in finding out more about the process at 7:30 p.m. on Wednesday. On Thursday Mayor Jim Watson will be taking your calls in the city's first-ever "Budget Tele-Town Hall."

5 Where to go when you gotta go

At the Information Technology Sub-committee, councillors will be discussing a plan for a new "Where To Go" cellphone app.

No it's not a tourism gimmick — this downloadable tool will show the closest public washrooms available to the phone user.

Feds offer $240M for reserve land

AKWESASNE

10K hectares currently part of three jurisdictions

On the Mohawk reserve of Akwesasne, land — at first glance — seems plenty.

About 23,000 people live on roughly 10,000 hectares of lush green fields flanked by islands and rivers that make up the territory about 150 kilometres west of Montreal.

Some younger members of the community are forced to buy houses and rent apartments outside the territory because they can't build a home in Akwesasne, which straddles three jurisdictions: Quebec, Ontario and New York State.

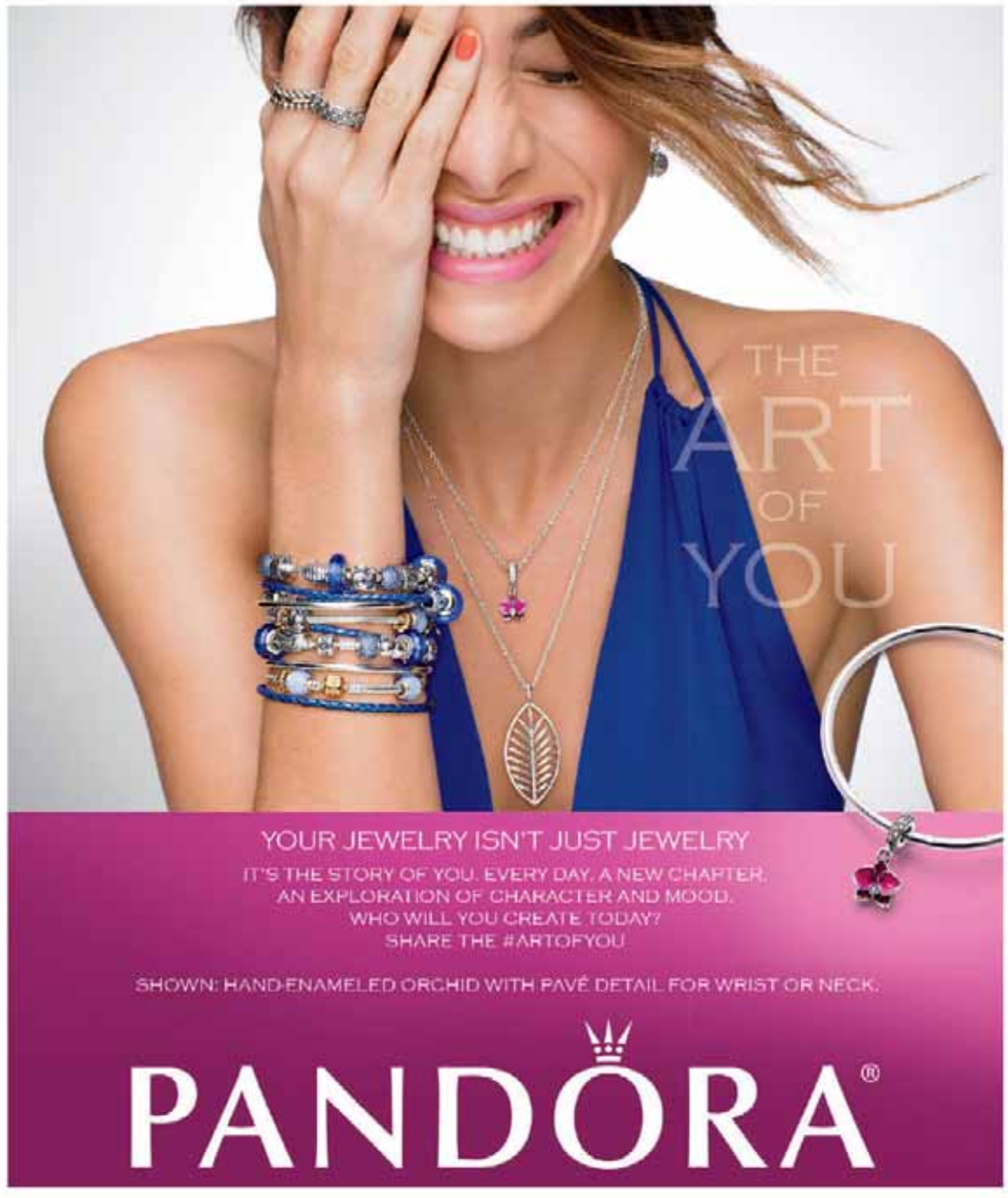
That's why Ottawa's recent offer, which gives the Mohawks an opportunity to buy sparsely populated farmland that would almost double the size of the reserve, is so tempting.

But in order for that purchase to proceed, the Mohawks must renounce their claim to a separate 8,000-hectare parcel of land in the most westerly portion of Quebec, known in the province as Dundee but recognized by natives as Tsikaristisere.

District Chief Larry King, who was involved in the negotiations, said "Canada has made it clear that this is a final offer."

District Chief Larry King was involved in negotiations with the Canadian government over reserve land.

THE CANADIAN PRESS


THE ART OF YOU
YOUR JEWELRY ISN'T JUST JEWELRY
IT'S THE STORY OF YOU. EVERY DAY, A NEW CHAPTER.
AN EXPLORATION OF CHARACTER AND MOOD.
WHO WILL YOU CREATE TODAY?
SHARE THE #ARTOFYOU
SHOWN: HAND-ENAMELED ORCHID WITH PAVÉ DETAIL FOR WRIST OR NECK.
PANDORA®
PANDORA™ STORE
RIDEAU CENTRE
2ND FLOOR • 50 RIDEAU STREET
613.695.6997

FRENCH AND ENGLISH CLASSES

JULY 6

SUMMER SESSIONS STARTING

Maintenance and Refresher Course

Preparation for Test of Oral Proficiency: Levels B and C

Writing and Reading Tests Preparation

ÉCOLE DE LANGUES LA CITÉ

Notre mission... Votre succès... depuis 1981

Our fall courses: Individual or Group Training
Full-time or Part-time Training • Day/Evening Classes

Contact us: 613-569-6260 ext. 0 • inscription@ecolelacite.com

Striking high school teachers picket in Mississauga on May 25. TORSTAR NEWS SERVICE

No contract, no extracurriculars

EDUCATION

Ontario high-school teachers poised to strike

Ontario public high school teachers are warning they won't run any sports or clubs this fall if they are still without a contract in September.

In a confidential bargaining bulletin, the Ontario Secondary School Teachers' Federation said all of its bargaining units across the province will be in legal strike position in July.

"Please be advised that as soon as (we are) in a legal central strike position we will be notifying all members to immediately cease performing any and all extracurricular activities as of that date," says the bulletin.

"Additional central strike actions will be taken and we will communicate the full extent and timing of those actions to you at the appropriate time."

All of Ontario's teachers — public, Catholic and French — have been without a contract since last summer and all are expected to be in strike position by the fall.

Under the province's new bargaining legislation, big-money items like class size and salary are negotiated centrally, and local items left up to individual school boards and union districts.

Public high school teachers were on strike in three boards this spring, but the job action was deemed illegal as they were legislated back to work.

No local deals have been inked, and only the Catholic and French teacher unions remain at central bargaining tables.

Both the OSSTF and the Elementary Teachers' Federation of Ontario say the government and school boards' associations are making unreasonable demands and they will not bargain until the "strips" are removed from the table.

> **I want our kids to be able to start school smoothly after Labour Day.**
> Premier Kathleen Wynne

However, on Thursday, Premier Kathleen Wynne said she expects children will be in school as usual in September despite concerns the teacher unrest over stalled contract talks will lead to widespread strikes.

"It is our intention to work right through the summer. I want our kids to be able to start school smoothly after Labour Day," Wynne said Thursday in Sarnia.

"There are a lot of weeks between now and the start of school and it's our intention to work as hard as we can to get that deal at the table."

The first priority is to reach provincial deals, Wynne told reporters after a luncheon speech, as "that's the financial framework for all the other deals at the local level," said Wynne, who would not discuss details.

The Progressive Conservatives have warned the province is headed for widespread school strikes for all 1.3 million students in the fall after the strikes and ongoing job action by public elementary teachers, leaving school boards scrambling to produce report cards.

"Students and parents have gone through enough already," MPP Garfield Dunlop, his party's education critic, said in a statement.

"There's only 82 days left to reach a deal," he said.

"If the last few months are any indication of what's to come, parents should start preparing for strikes now."

Leaders of all four teacher unions have been meeting regularly to co-ordinate job action this fall.

James Ryan, president of the Ontario English Catholic Teachers' Association, has said that while final details have to be worked out with his union executive, a work-to-rule is likely to start off any job action and escalate from there.

He has also warned there's not a lot of time to reach deals because bargaining will be slow come summer given vacations.

TORSTAR NEWS SERVICE

IN DEPTH

Wynne discusses new bargaining system

Wynne defended her government's new two-tier bargaining system, with provincial-level talks on main issues and talks between local unions and the province's 72 school boards.

"There are local issues that are distinct ... there is a continued need to have a local discussion."

However, Wynne said the law that put the bargaining system in place could use some tweaking despite the need to keep the "fundamental structure" of central and local negotiations.

"Do we need to review the legislation and maybe make some changes to it? Sure. That's an entirely reasonable proposition."

Respond to Canada's need for immigrants.

Become a Regulated Immigration Consultant

Our Immigration Consultant Diploma has prepared some of Canada's most respected Regulated Immigration Consultants. Taught by a highly skilled and experienced faculty, our programs attract students from both Canada and other countries.

Full-time | Part-time | Online

Contact a program adviser at 1.866.779.2576

ICCRC ACCREDITED EDUCATIONAL PROGRAM

Ashton

www.ashtoncollege.ca

Limited time. Amazing offer.

Get the Rogers Internet 30 + Basic TV Bundle now.

$62.97/mo.*

for the first 3 months on a 2-yr. term*

$105.47/mo. thereafter

Includes:

- 100 GB/mo.
- Wi-Fi modem rental
- Discounted Nextbox™ 3.0 HD PVR rental[1]
- 24/7 Rogers TechXpert™ Whole Home Support

Call 1 844 355-2702 today to get this limited time offer.

ROGERS™

Offer available until June 30, 2015 within Rogers cable service area (where technology permits) in Ontario only and subject to change without notice. *Taxes extra. A one-time activation fee of $14.95 applies. Two-year term required. An Early Cancellation Fee (ECF) of up to $200 applies if your Internet service is cancelled prior to the end of the term. Data usage subject to Rogers Terms of Service and Acceptable Use Policy. See rogers.com/terms for full details. **1** Ongoing discount of $7.45/mo. during the term. Rogers & Design and related brand names and logos are trademarks of Rogers Communications Inc. or an affiliate used under license. © 2015.

Tory senator seeking a sober second thought

SENATE

C-377 would be untenable to labour unions, says lawmaker

Diane Bellemare is urging the discredited Senate to find redemption by doing its constitutional duty as the parliamentary chamber that represents the regions.

The Conservative senator is waging a one-woman crusade within the Senate's government caucus to block C-377, a private member's bill that would force labour unions to publicly disclose how they spend their money.

And she's using the scandal over senators' expenses to make her case.

The controversial bill, sponsored by Conservative MP Russ Hiebert and backed strongly by the Prime Minister's Office, would require unions to publicly disclose any spending of $5,000 or more and any salary of more than $100,000.

It's been widely denounced as undemocratic and an invasion of privacy and it's opposed by at least five provinces, who've argued that the bill is an unconstitutional intrusion into provincial jurisdiction over labour laws.

Diane Bellemare is urging the discredited Senate to find redemption by doing its constitutional duty as the parliamentary chamber that represents the regions. THE CANADIAN PRESS

BACKGROUND

Blast from the past

Bellemare had more company two years ago when she attempted to block C-377 and 16 Conservative senators broke ranks to join forces with the Liberals and send the bill back to the House of Commons with amendments that effectively eviscerated the legislation.

THE CANADIAN PRESS

If senators want to reclaim some relevance in the midst of the current crisis, Bellemare maintains they need to represent the interests of their provinces and vote against C-377.

"I would like to say that, at this difficult time when the Senate is being accused on all sides of not playing its role as a chamber of sober second thought, and of not taking the interests of the people it represents seriously, I urge you to vote in line with your constitutional obligations, the official positions of your respective governments, in other words, the provincial governments and the people they represent, and all of the emails you received that have criticized this bill as being too invasive," she implored her colleagues last week.

> **We are a legislative body and when we see that things are wrong, it's our role to not agree.**
> Senator Diane Bellemare

It's a lonely battle for Bellemare, who has found little support for her arguments in her own caucus, although Liberal senators are behind her.

An unamended C-377 is before the Senate and Bellemare and the Liberals are using every procedural trick available to run out the clock until the chamber adjourns for the summer, likely this week.

With Parliament set to be dissolved for the fall election before the Senate can resume, failure to pass the bill before the summer break would kill it.

Ditto if the bill were to be amended again by the Senate. The Commons has already adjourned for the summer and would never get the chance to consider amendments.

Bellemare tried several weeks ago to have the bill ruled out of order. That failed.

She then proposed an amendment to exempt all labour unions not under federal jurisdiction, which would have exempted about 90 per cent of them. That amendment was defeated last week.

"Personally, in the midst of this crisis, I try to focus on my main mandate, which is to defend the interests of the population of my province," the Quebec senator said in an interview, noting that her province is among those that have objected to the bill.

Were it to pass, Bellemare is convinced the bill would eventually be tossed out by the Supreme Court. All the more reason, she believes, for the Senate to do its duty as the chamber of sober second thought.

"We are a legislative body and when we see that things are wrong, it's our role to not agree," she said.

Bellemare feels she's done what she can to kill the bill but she's hopeful the minority Liberals have a plan up their sleeves.

Since debate can't be limited on private member's bills in the Senate, the Liberal plan appears to be simple: talk C-377 to death. THE CANADIAN PRESS

BITCOIN

Report endorses new tech

A report from Canada's Senate says Ottawa should use a "light touch" when considering any regulation of Bitcoin and other digital currencies in order to avoid stifling the growth of these new technologies.

The report recommends that the federal government employ "almost a hands-off approach" when it comes to virtual currencies, monitoring the situation as it evolves and only introducing regulations as necessary.

The Bitcoin Alliance of Canada says it welcomes the report's findings and is urging the government, as well as the private sector, to consider them.

Bitcoin is a digital currency that is exchanged through peer-to-peer computer networks and is not issued or controlled by a central bank or any other authority.

Virtual currencies like Bitcoin employ blockchain technology — computer code that makes up the currency's underlying architecture.

The Senate report says blockchain technology has many promising applications, and recommends that the federal government consider using it to enhance the protection of private information.

"Our committee was told that by cutting out third parties, blockchain technology can give consumers and governments a more effective level of online security," Sen. Irving Gerstein said during a news conference Friday.

Blockchain technology could be used to securely and permanently register marriages, births, real estate deals and a "myriad" of other transactions, Gerstein added.

Digital currency can also benefit people in the developing world by providing them with access to financial services, thus improving their quality of life, he added. THE CANADIAN PRESS

HOMESTEAD JOB FAIR!!
If you are looking for work in property management, please drop by the **Courtyard Marriott, 350 Dalhousie St on Wednesday, June 24th between 2pm and 6pm.**
We are looking for Superintendent Teams of 2 and Superintendent Individuals who will live onsite and receive free rent. If you are handy, hard-working and like to work in a team, we would like to see you! We provide paid training and opportunity for advancement.
Please visit **homestead.ca** to learn more or **careers@homestead.ca** or **613-544-6674 ext. 275**

FRENCH CLASSES
"IT BEGINS WITH BONJOUR"
NEW SESSIONS JULY 6, 7, 11, & 20
PART-TIME • INTENSIVE • PRIVATE
SLE PREPARATION B & C
WORKSHOPS
APPROVED LANGUAGE TESTS...
REGISTER NOW!
613.234.9470 • www.af.ca/ottawa
Alliance Française Ottawa

Putin tries to woo media

RUSSIA

President late in blatant bid to cultivate image

When the heads of the world's major news agencies sat down a year ago with Vladimir Putin at a St. Petersburg palace, they were treated to a long, sumptuous meal of Crimean flounder, a dish evidently chosen not only for its delicacy but for the political statement.

This year it was tea and caviar at the stroke of midnight in a wood-panelled library. The Canadian Press, The Associated Press and Reuters were among the news services that took part.

The Russian president had just completed a whirlwind of back-to-back meetings on the sidelines of his showcase economic forum, an event at which he also delivered a marathon question-and-answer performance under the folksy moderation of CBS News journalist Charlie Rose.

He apologized for being hours late for the meeting with news agency heads.

If you talk to other world leaders or the Russian media, Putin is always late — a reflection perhaps of his punishing schedule as much as a demonstration of who is in charge.

Seen through a glass door, a group of international media executives, including Canadian Press President Malcolm Kirk, left, gather to meet Russian President Vladimir Putin at the St. Petersburg International Investment Forum in St. Petersburg on Friday. THE ASSOCIATED PRESS

Putin's handlers and officials from the state-run news agency kept the news bosses busy with a tour of the presidential library and archive.

Even still, the dozen invited news executives, whose editors and journalists shape public opinion from Washington to Delhi, were given a photo-emblazoned library card granting them 100 years of access to the place.

Putin was relaxed and good-natured throughout the blatant, hour-long bid to cultivate his image — both at home and among an increasingly suspicious, if not outright hostile international audience.

But the brash and determined courting of news agency heads that typified the same exercise last year was replaced with a toned-down, sober air.

But his overall messages were hardly conciliatory.

With the euphoria of Crimea's "return" dimming for a recession-weary public; a grinding, dirty little war on his western border; and the economic hemorrhaging of international sanctions and rock-bottom oil prices, the more subdued business-as-usual air is probably not surprising.

Yet, his dexterity in playing international foil was still clear with his wooing of fiscally wayward Greece — a flirtation that at the very least fractures the facade of European Union solidarity.

"If the EU wants Greece to pay its debts, it should be interested in growing the Greek economy ... helping it pay its debts," he said, referring to a $2.7-billion pipeline deal announced as part of his economic forum. "The EU should be applauding us.... What's wrong with creating jobs in Greece?"

Unrepentant on Ukraine despite the economic isolation and international outlier status it has bestowed, Putin blamed President Petro Poroshenko for not delivering promised political reforms brokered at Minsk.

THE CANADIAN PRESS

5 THINGS

Canada-Russia

Five things to know about our strained relationship:

1 Northern Exposure
In February 2009, Canada scrambled F-18 fighter jets to intercept Russian bombers approaching Canadian airspace.

2 Sailor, Soldier, Spy
In January 2012, the RCMP arrested Canadian naval officer Jeffrey Delisle, who had been passing classified information to the Russians from his Halifax post for five years.

3 Crime in Crimea
Canada has been one of the most vocal critics of Russia's annexation of Crimea in southern Ukraine and first imposed sanctions on Russia in March 2014.

4 Buzz Kill
In March, Foreign Affairs Minister Jason Kenney claimed Russian jets provocatively buzzed a Canadian frigate in the Black Sea.

5 Stay Out of My Group
Harper used this month's G7 Summit to publicly state that Russia should never be permitted back into the club as long as Putin remains Russia's leader.

COOL ENOUGH FOR THE TOUGHEST CUSTOMERS

SAVE UP TO $250
on a Sears Multi-Zone Ductless mini-split ac or heat pump

ENERGY STAR

SAVE UP TO $250
on a Sears SmartComfort Series central air conditioner, or heat pump

Offer ends July 7, 2015

TAKE UP TO 3 YEARS TO PAY
when you use your Sears Financial™ Credit Card

✔ EQUAL MONTHLY PAYMENTS
✔ NO INTEREST* (ADMIN FEE MAY APPLY)
✔ NO INTEREST CHARGED ON FINANCED PURCHASE DURING TERM

No minimum purchase required ($200 minimum purchase in Quebec). Important terms and conditions apply.

BOOK YOUR FREE IN-HOME APPOINTMENT. IT'S EASY!
1-866-506-7779 | SEARS.CA/HOMEIMPROVEMENTS

Sears Heating & Cooling

"EQUAL PAYMENTS, NO INTEREST" offer: Pay in 12, 24, or 36 equal monthly installments only on approved credit with your Sears® MasterCard®, Sears® Voyage™ MasterCard® or Sears Card. Equal monthly installments determined by dividing financed amount by Financed Term selected. Sears Voyage MasterCard has an **annual fee of $39. Your financed purchase will include applicable administration fee, taxes and delivery charges. To avoid interest charges on a monthly installment of the financed amount, pay the New Balance every month by the Payment Due Date. The New Balance is shown on your statement and includes the monthly installment amount (not the entire financed amount) and any other balances, interest and fees, that are owing on your account. The financing offer will be cancelled if you do not pay the Base Payment (shown on your statement) in full for any 4 months, at which time the unpaid balance of the financed amount will be subject to interest charges at the **Annual Interest Rate for purchases** (new accounts – **19.99%** for Sears MasterCard and Sears Voyage MasterCard or **29.9%** for Sears Card). If you are an existing cardmember, refer to your statement for your Annual Interest Rate. See Cardmember Agreement for details. Excludes Gift Cards, Specialty Services, Sears Travel and Outlet/Liquidation Store purchases. Sears® and Voyage™ are registered trademarks of Sears, licensed for use in Canada. ®/™MasterCard® and the MasterCard Brand Mark are registered trademarks of MasterCard International incorporated. Sears Financial Credit Cards are issued by JPMorgan Chase Bank, N.A. **Administration fees** (none in Quebec): 12 months - **$69.99**; 24 months - **$99.99**; 36 months - **$129.99. No minimum purchase required** ($200 minimum purchase required in Quebec). **No interest charged on your financed purchase during term**. Look for the ENERGY STAR logo. It shows that the product meets ENERGY STAR specifications for energy efficiency. **NE064H115/ NE064H315**

In Charleston, church bells toll in show of unity, healing

SOUTH CAROLINA

Churches of all denominations join gesture of support, hope

For several minutes Sunday, the sweltering skies above this grieving city were alive with the sound of bells: high in steeples and in the hands of toddlers, all ringing and tinkling in unison to honour the nine people cut down during a Bible study at the historic Emanuel African Methodist Episcopal Church.

Churches of all denominations across town agreed to ring their bells at 10 a.m. in a gesture intended to send a healing message of unity and love to the world.

Standing in the shadow of St. Matthew's Lutheran, less than a block from "Mother Emanuel," Kelly Nix said the event brought her immense comfort.

"It's about grace, hearing the bells and being part of a community that we love," she said, tears rolling down her cheeks as her twin girls, Lana and Margeaux, who will turn 2 on Friday, ran around in their matching white dresses.

Police say a white man named Dylann Storm Roof, 21, sat with the Bible study group for an hour Wednesday before pulling out a handgun and opening fire. Pastor Clementa Pinckney and eight others, ranging in age from 26 to 87, were killed.

Authorities have called the shooting a hate crime and are investigating whether a racist screed posted on the Internet was written by the suspect. If Roof intended to strike a blow for segregation, Sunday's event was meant to show he failed.

Less than a block from Emanuel, several hundred people gathered in Marion Square Park, which is dominated by a statue of John C. Calhoun, a pro-slavery politician who represented South Carolina in the House and Senate in the 1800s. Under a blazing sun, the throng held an interdenominational service. Some wore T-shirts bearing the faces of those who were slain at the church.

> **He wanted division and hatred ... but he went to the wrong place.**
> Rev. R. Marshall Blalock

Hanging from the battlements of a castle-like hotel was a white banner with the words "Mother Emanuel, We Love You."

Across town at First Baptist, the Rev. R. Marshall Blalock read the names of the dead as their photos appeared on a large screen. He then told the story of a congregant whose young son was taunted by some white people at a fast food restaurant the day after the killings.

"The white community needs to build a bridge to the black community," he said.

Blalock said Emanuel family members who offered their forgiveness to Roof in court on Friday sent the right message.

"He wanted division and hatred," the pastor said. "But he went to the wrong place." THE ASSOCIATED PRESS

Michal Williams, 3, shakes her tambourine as she and big sister Quincy listen to bells chiming from St. Matthew's Lutheran Church in Charleston on Sunday. ALLEN G. BREED/THE ASSOCIATED PRESS

SUMMER fresh
Tropical Chicken Quinoa Salad
Excellent source of protein, iron, fibre, folate, vitamin A, B6, C & magnesium
GET FIT!
la prep DAILY FRESH
laprep.com
400 COOPER STREET
T: (613) 235-9000
E: 400COOPER@LAPREP.COM
150 METCALFE STREET
T: (613) 237-2806
E: 150METCALFE@LAPREP.COM
special offer!
TRY OUR NEW
Tropical Chicken Quinoa Salad
$1 OFF
(REGULAR PRICE $8.49 +TX)
LIMITED TIME OFFER. VALID AT ALL LA PREP LOCATIONS. NO CASH VALUE. CANNOT BE COMBINED WITH ANY OTHER OFFER. ORIGINAL COUPONS ONLY - NO COPIES. 1 COUPON PER CUSTOMER PER VISIT. EXPIRY DATE 31/08/2015.

MOTHER EMANUEL

Service resumes after tragedy

The congregation at Emanuel African Methodist Episcopal swayed and sang and welcomed the world into their sanctuary Sunday, holding the first worship service since a gunman opened fire during a Bible study and killed nine church members.

Messages of love, recovery and healing were interspersed throughout the service, which was marked by fervent singing and shouting, so much so that many congregants waved small fans in front of their faces. For added security, police officers stood watch over the worshippers at the church known as "Mother Emanuel" because it is one of the oldest black congregations in the South.

"It has been tough, it's been rough, some of us have been downright angry, but through it all God has sustained us and has encouraged us. Let us not grow weary in well-doing," said the Rev. Norvel Goff.

Goff was appointed to lead the historic Charleston church after Emanuel's senior pastor, the Rev. Clementa Pinckney, was shot and killed on Wednesday. A black sheet was draped over his usual chair, which sat empty Sunday.

At least one parishioner kneeled down in front of it and prayed.

Pinckney was also a state senator and married father of two children. Goff acknowledged Father's Day and reminded people that God was the ultimate father of these nine families.

"The blood of the 'Mother Emmanuel 9' requires us to work until not only justice in this case, but for those who are still living in the margin of life, those who are less fortunate than ourselves," he said. THE ASSOCIATED PRESS

KANSAS

Capital case a legal quagmire

A Kansas capital case involving a white supremacist who is dying of emphysema poses some unusual challenges for a prosecutor pursuing the death penalty for the first time.

Johnson County District Attorney Steve Howe has twice rejected offers from Frazier Glenn Miller's attorneys to have Miller plead guilty to killing three people at two Jewish community centres last year in exchange for a lighter sentence.

Howe says he believes Miller's alleged crimes deserve the most severe punishment. But Kansas hasn't executed anyone in 50 years, and there's virtually no chance the 74-year-old will be the next.

"No death sentence they impose on this guy is ever going to be carried out. He was terminally ill and that's why he did this in the first place," said Sean O'Brien, a University of Missouri-Kansas City law professor who has defended dozens of death penalty cases since 1983.

Miller does not deny gunning down Dr. William Lewis Corporon, 69; his 14-year-old grandson, Reat Griffin Underwood; and 53-year-old Terri LaManno on April 13, 2014. He said he felt it was his duty to kill Jewish people before he died; he didn't know all three were Christians.

Still, Miller has pleaded not guilty and has insisted on his constitutional right to a speedy trial, scheduled to begin Aug. 17. As the state is seeking the death penalty, it's unclear whether he would be allowed to plead guilty because of Kansas' ban on assisted suicide. THE ASSOCIATED PRESS

0%† FINANCING

PLUS

GET UP TO $10,500◊ IN TOTAL DISCOUNTS

Starting From Price for 2015 Ram 1500 Sport with Performance Hood shown: $39,765§

10-DAY SALES EVENT!

$500 BONUS CASH* ON SELECT MODELS **JUNE 19-30**

ONTARIO'S FASTEST GROWING LINE OF FULL-SIZE PICKUPS♦

MAXIMIZE YOUR VALUE

2015 RAM 1500 CREW CAB SXT 4X4

WITH CLASS IV RECEIVER HITCH
NOW AVAILABLE WITH 6.4-FT BOX

FINANCE FOR **$160** BI-WEEKLY‡ @ **3.49%** FOR 96 MONTHS WITH $998 DOWN | OR CHOOSE **0%** FINANCING† FOR 60 MONTHS

STRETCH OUT IN THE CREW CAB WITH ADDITIONAL LEGROOM

2015 RAM 1500 QUAD CAB SXT 4X4

$27,495

PURCHASE PRICE INCLUDES $8,500 CONSUMER CASH*, $1,500 LOYALTY BONUS CASH◊ $500 BONUS CASH•, FREIGHT AND FEES. TAXES AND RETAILER CHARGES EXTRA†

OR FINANCE FOR

$146 BI-WEEKLY† @ **3.49%** FOR 96 MONTHS WITH $998 DOWN | OR CHOOSE **0%** FINANCING† FOR 60 MONTHS

†Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

REBUILDING YOUR CREDIT? NON-PRIME RATES FROM ONLY 4.99% OAC~

GUNS · GLORY RAM

RAMTRUCKOFFERS.CA

Wise customers read the fine print: †, ◊, •, *, ‡, ~, », § The Ram Truck offers are limited time offers which apply to retail deliveries of selected in-stock new and unused models purchased/leased from participating retailers between June 19 and 30, 2015. Offers subject to change and may be extended or changed without notice. All pricing includes freight ($1,695), air-conditioning charge (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Financing and lease offers available to qualified customers on approved credit. Retailer order/trade may be necessary. Retailer may sell for less. †0% purchase financing for up to 60 months available on select new 2015 models to qualified customers on approved credit through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Examples: 2015 Ram 1500 Quad Cab SXT 4x4 (25A+AGR)/2015 Ram 1500 Crew Cab SXT 4x4 (25A+AGR+XFH) with a Purchase Price of $27,495/$29,914 with a $0 down payment, financed at 0% for 60 months equals 130 bi-weekly payments of $212/$230 with a cost of borrowing of $0 and a total obligation of $27,495/$29,914. ◊$10,500 in Total Discounts is available on new 2015 Ram 1500 models (excluding Reg Cab) and consists of $8,500 in Consumer Cash Discounts, $1,500 in Ram Truck Loyalty/Conquest Bonus Cash and $500 Bonus Cash. See your retailer for complete details. •$500 Bonus Cash is available on select new 2014/2015 Chrysler, Dodge, Jeep or Ram models at participating retailers from June 19 to 30, 2015. Bonus Cash will be deducted from the negotiated purchase/lease price before taxes. Excludes 2014 Chrysler 200 LX, 2015 Chrysler 200, 2014 Dodge Avenger CVP, 2015 Jeep Renegade (all models), 2014/2015 Dodge Grand Caravan CVP, 2014/2015 Dodge Journey CVP and SE Plus, 2014/2015 Dodge Dart (all models), 2015 Dodge Challenger SRT Hellcat, 2015 Dodge Charger SRT Hellcat, 2014/2015 Jeep Wrangler Sport, 2014/2015 Jeep Patriot (all models), 2014/2015 Jeep Compass Sport (select models), 2014/2015 Jeep Cherokee (all models), 2014/2015 Ram Cargo Van, 2014/2015 Ram 1500 Regular Cab, ProMaster City and all 2014/2015 FIAT models. Offer available at participating Atlantic and Ontario retailers only. See retailer for complete details and exclusions. *Consumer Cash Discounts are deducted from the negotiated price before taxes. ‡3.49% purchase financing for up to 96 months available on select new 2015 models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Examples: 2015 Ram 1500 Quad Cab SXT 4x4 (25A+AGR)/2015 Ram 1500 Crew Cab SXT 4x4 (25A+AGR+XFH) with a Purchase Price of $27,495/$29,914 with a $998 down payment, financed at 3.49% for 96 months equals 208 bi-weekly payments of $146/$160 with a cost of borrowing of $3,909/$4,266 and a total obligation of $31,404.15/$34,180.03. ~Non-prime financing available on approved credit. Financing example: 2015 Ram 1500 Quad Cab SXT 4x4 with a Purchase Price of $27,495 financed at 4.99% over 84 months, equals 182 bi-weekly payments of $179 for a total finance obligation of $32,632.54. »$1,500 Ram Truck Loyalty/Conquest/Skilled Trades Bonus Cash is available on the retail purchase/lease of 2015 Ram 1500 (excludes Regular Cab), 2014/2015 Ram 2500/3500, 2014/2015 Ram Cab & Chassis trucks, or 2015 Ram Cargo Van and is deducted from the negotiated price after taxes. Eligible customers include: 1. Current owners/lessees of a Dodge or Ram Pickup Truck or Large Van or any other manufacturer's Pickup Truck or Large Van. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before June 1, 2015. Proof of ownership/lease agreement will be required. 2. Customers who are skilled tradesmen or are acquiring a skilled trade. This includes Licensed Tradesmen, Certified Journeymen or customers who have completed an Apprenticeship Certification. A copy of the Trade Licence/Certification is required. 3. Customers who are Baeumler Approved service providers. Proof of membership is required. Limit one $1,500 bonus cash offer per eligible truck transaction. Some conditions apply. See your retailer for complete details. §Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. ♦Based on IHS Automotive: Polk Canadian Total New Vehicle Registrations data comparing calendar year-end market share and volume for 2014 versus 2010 for all large pickups sold in in the province of Ontario. Ram large pickup segment as defined by FCA Canada Inc. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

SiriusXM

DODGE CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

EUROZONE

Leaders say Greek accord possible

A day ahead of a crucial emergency eurozone summit, European leaders renewed efforts to reach a deal between Greece and its creditors that would allow the debt-ridden country to avoid a default and a potentially disastrous exit from the euro.

Greek Prime Minister Alexis Tsipras had separate telephone conversations Sunday with French President Francois Hollande, German Chancellor Angela Merkel and European Commission President Jean-Claude Juncker, the prime minister's press office said.

Tsipras "presented to the three leaders Greece's proposal for a mutually beneficial agreement, which will provide a permanent solution and not just postpone tackling the problem," the press office statement said.

Later, Hollande told reporters in Milan, where he met with Italian Premier Matteo Renzi, that everything must be done to keep financially ailing Greece in the Eurozone.

Hollande said that "if the Greeks leave the eurozone, it won't be positive for the Greeks or Europeans."

"We need stability," especially since much of Europe is beginning to rebound economically, he said. "For this reason we must reach an accord."

THE ASSOCIATED PRESS

Several hundred yogis practise yoga during the 13th annual Solstice in Times Square event Sunday in New York. The event drew several thousand people to mark the summer solstice. JULIE JACOBSON/THE ASSOCIATED PRESS

EGYPT

Journalist remains in German custody

A prominent Al-Jazeera journalist will remain in German custody for a second night, prosecutors said Sunday, adding they have not yet decided whether to extradite him to Egypt or set him free.

As dozens of supporters protested Sunday in front of the Berlin court building where Ahmed Mansour was being held, his lawyer, Fazli Altin, called for the journalist's immediate release, saying that Germany was getting involved in a politically tainted case.

Mansour, 52, a well-known journalist with the Qatar-based broadcaster's Arabic service, was detained at Berlin's Tegel airport on Saturday on an Egyptian arrest warrant, his lawyers said.

Martin Steltner, a spokesman for the Berlin prosecutor's office, said that Mansour, who holds dual Egyptian-British nationality, would be taken to a prison in the city and that further decisions will be made next week.

A government judicial official said there would probably be a decision next week on whether Mansour has to remain in custody. In addition, the Berlin Court of Justice would decide — once it gets a request for extradition from Egypt — whether Mansour can be extradited or whether the case is politically motivated.

Even if the court rules in favour of an extradition, the German government can still veto the decision. THE ASSOCIATED PRESS

Yoga Day inspires millions to plank

CELEBRATIONS

Public events held around the world

Millions of yoga enthusiasts across the world bent and twisted their bodies in complex postures Sunday to mark the first International Yoga Day.

Indian Prime Minister Narendra Modi spread his mat among rows of people, including his cabinet members and foreign diplomats, at New Delhi's main thoroughfare, which was transformed into a sprawling exercise ground.

Thousands of people dressed in white sat on yellow mats under the Eiffel Tower, and similar events were held in Bangkok, Kuala Lumpur, Seoul, Beijing, Manila and other places. Modi had lobbied the UN to declare June 21 as the first International Yoga Day.

2,000

Number of participants in Taipei who performed 108 rounds of the "sun salutation."

"We are not only celebrating a day but we are training the human mind to begin a new era of peace and harmony," Modi told participants.

UN Secretary-General Ban Ki-moon welcomed the Yoga Day participants worldwide.

"My hope is that yoga will give people everywhere the sense and the oneness we need to work together to live in harmony and usher in a life of dignity for all," Ban said.

Schoolchildren, bureaucrats, homemakers, soldiers and ordinary folk took part in the exercise, held in all Indian state capitals.

THE ASSOCIATED PRESS

NEW YORK

Manhunt for escaped killers shifts after possible sighting

Investigators tracking two murder convicts who escaped from a northern New York prison scoured a rural area near the Pennsylvania border Sunday, saying an unconfirmed but credible report of a sighting had shifted the search across the state.

About 300 law enforcement officers searched the neighbouring towns of Amity and Friendship, where two men who resembled the convicts were spotted Saturday near a railroad line that runs along a county road.

While state police called the sighting unconfirmed, the intense hunt that had focused for two weeks around a prison near the Canadian border was quickly refocused on a rural, mountainous area 560 kilometres away, dotted with sheds, trailers, summer homes and other potential hideouts.

"We will search under every rock, behind every tree and structure until we are confident that that area is secure," State Police Maj. Michael J. Cerretto said at a news conference Sunday.

Officers walked railroad tracks, checked car trunks and deployed search dogs as a helicopter flew back and forth overhead. At one point, state police outfitted in camouflage could be seen heading into some woods.

David Sweat and Richard Matt broke out of the maximum-security Clinton Correctional Facility in Dannemora on June 6 using power tools and leaving behind dummies under bedcovers in their adjoining cells.

If the two escapees are still together, that's not surprising, experts said. In the wilderness, fugitives often stick together for survival's sake, unless they have pre-planned to split up and reunite at a camp or other hideaway, said Patrick Patten, who trains law enforcers on woodland tracking.

The search shifted focus after a woman called in Saturday's possible sighting in Friendship, police interviewed the witness at length and decided she was credible and the tip bore investigating, Cerretto said.

THE ASSOCIATED PRESS

SUMMER SOLSTICE

Revellers take over Stonehenge

Thousands of revellers, new-agers and self-styled druids descended on the ancient stone circle at Stonehenge on Sunday, catching a brief glimpse of the sun as they marked the summer solstice — the longest day of the year in the northern hemisphere.

About 23,000 sun-watchers gathered on the Salisbury Plain about 130 kilometres southwest of London, police said. But with the sun visible only briefly, the party was markedly shorter than in past years. Authorities reported nine arrests for drug offences — fewer than in the past.

Visitors kissed the stones, dancers swirled on the grass and drummers pounded as part of the free-form celebrations. A small group of yoga enthusiasts held a short class, and couples renewed their commitments to one another.

Revellers celebrate the pagan festival of Summer Solstice at Stonehenge in Wiltshire, southern England, on Sunday. NIKLAS HALLE'N/AFP/GETTY IMAGES

Stonehenge is an icon of Britain and one of its most popular attractions. It was built in three phases between 3,000 B.C. and 1,600 B.C., and its purpose remains under study.

THE ASSOCIATED PRESS

An Inuit woman wearing an eider skin parka collects duck eggs in a photo from the film People of a Feather. HO-JOEL HEATH/THE CANADIAN PRESS

Get down! Inuit town opens plant

NUNAVUT

Eider duck venture will bring 15 jobs to the community

Inuit in a tiny Nunavut community are hoping the whirling flocks of thousands of seabirds that have filled larders for centuries will fill their wallets through one of the world's rarest and most precious commodities — eiderdown.

After being shuttered for nearly a decade, Sanikiluaq's eider factory started buying eiderdown this month, sustainably collected by Inuit families from the tens of thousands of nests built by the birds nearby.

"It will be a big deal," said Darryl Dibblee, administrator for the hamlet on Flaherty Island in the southeast corner of Hudson Bay.

Eiderdown comes from eider ducks, large seabirds that nest in huge numbers in the Belcher Islands. The hen plucks the down from her breast to protect her nest and the eggs.

A single nest can produce about 70 grams of eiderdown, the warmest and most durable insulation in the world. Uncleaned down sells for about $330 a kilogram.

Sanikiluaq plans to sell cleaned down to European manufacturers as well as parkas and duvets through community-owned corporation Belcher Islands Designs.

Dibblee said it'll provide up to 15 jobs: "That's a big deal in a town of 850 people."

It's a business rooted in traditional skills and practices, said Joel Heath, the Canadian scientist behind the award-winning documentary, People of a Feather, focusing on the relationship Sanikiluaq has with the ducks.

"How do they use their skills to come up with jobs that are meaningful to them? The eiderdown factory is a great example," he said. THE CANADIAN PRESS

IN BRIEF

Union rejects Loblaws deal, prepares to strike

Unionized workers at Loblaws Great Food and Superstore in much of Ontario seem headed for a strike after rejecting a tentative deal with the company.

During meetings held from June 14 to June 20, members of United Food and Commercial Workers Local 1000A — representing workers from Ottawa to Greater Toronto — rejected the tentative agreement between the union and Loblaws.

The agreement reached earlier this month on June 1 affected 28,000 grocery workers in Ontario.

TORSTAR NEWS SERVICE

U.S. COURT

Family gets $435k in contaminated toy case

An Arizona family won a $435,000 judgment in federal court after a child swallowed a decorative bead coated with a chemical that metabolized into a date-rape drug when ingested.

The jury decision Thursday in favour of Mark and Beth Monje came in one of several lawsuits filed against Aqua Dots, a toy craft kit in which children can create designs by spraying beads with water.

The product was the subject of a recall in 2007 amid reports that nine children in the U.S. and three in Australia became sick after swallowing the beads.

The recall by the Consumer Protection Safety Commission led to the collection of about 4 million kits.

Tests showed the beads were coated with a chemical that, when ingested, metabolizes into gamma hydroxybutyrate (GHB), more commonly known as the "date-rape" drug. The compound can induce breathing problems, nausea, vomiting, unconsciousness, coma and death.

Monje's toddler son swallowed some of the beads in July 2007, resulting in what the family's attorney says is permanent brain damage, loss of fine motor skills and sense of smell. The jury awarded the Monjes $58,000 for medical bills and another $377,000 for pain and suffering, lawyer Melanie McBride said.

McBride said the jury found Moose Enterprise responsible for developing the toy and for the work of the Chinese lab it hired to manufacture the toy.

"This was a huge victory for not only my client but for consumers of toy products worldwide really," McBride said.

THE ASSOCIATED PRESS

OVER 2 MILLION CANADIANS ARE NOW FREE FROM THEIR WIRELESS CONTRACTS. ARE YOU ONE OF THEM?

SAMSUNG Galaxy S6 edge

Joining WIND is easy. You can keep your current number and enjoy our truly Unlimited plans from just $35 per month. Check us out.

true mobile freedom™

WIND

Learn more at WINDmobile.ca. All unlimited plan features in Canada are from anywhere on our network, otherwise long distance and roaming rates apply. Samsung Galaxy S6 edge is a trademark of Samsung Electronics Canada, Inc. and/or its related entities used with permission. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy and are for personal use by an individual. WIND, WIND MOBILE, WINDtab and TRUE MOBILE FREEDOM are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by WIND Mobile Corp. © 2015 WIND Mobile

metro VIEWS
Your essential daily news
Monday, June 22, 2015

#MYMETRO

Jan Sheppard Kutcher, Halifax

What are you up to?
I'm just taking a late lunch.

Why did you pick up a copy of Metro?
It's a way of catching up. I really enjoy taking a little time away from work and reading while I eat, so it fits the bill.

What's the one place someone new to the city should visit?
The waterfront. It's all about the ocean, the harbour and the boats — and that magic of living on the ocean.

Follow us on Instagram @metronewsca and show us your #MyMetro pose with a copy of our newspaper.

City should fight urge to withhold information

COLLINS' CAPITAL

Steve Collins

The timing was good last week, when property tax bills came due and the watchdog over those dollars, city auditor general Ken Hughes, presented his report on Ottawa's waste and fraud hotline.

Though 336 hotline tips in 2013-14 led to the sackings of 16 city staff and lesser penalties for others, Hughes told the audit committee this was a good news story, that amid a staff of 17,000, this was all the malfeasance to be found.

The very existence of the hotline and annual reports on its performance, he added, are evidence of the city's "continued accountability and transparency."

But I'd characterize the reports as more translucent than truly transparent. Most of the incident summaries tell only part of the story.

The identities of the bad actors are understandably an internal matter, but less so are the departments in which they worked. Other omissions torment my nosy nature. How exactly were three employees using a city facility during off hours "inappropriately" enough to earn pink slips? No details are provided. The imagination runs rampant.

There are always rationales for official secrecy. The main one here is the protection of the informants, whom I think should be marched into Andrew Haydon Hall and presented with awards.

I can see the need to protect whistle-blowing city employees from workplace consequences, but nearly two in three of the reports came from members of the public. If they fear reprisal from public servants, we have bigger problems than we thought.

Taxpayers might want to know more about how they were ripped off, but the city still struggles with an urge to withhold information.

The most recent Freedom of Information audit by the Canadian Newspaper Association gives Ottawa an A for the speed of its responses. Requests for information were processed in 18 days on average. Ottawa only got a C for the actual info they disclosed. (It's an improvement over previous years, and not bad compared to other cities, which got a D on average. Toronto and Quebec City went to the bottom of the class with Fs).

There's room for improvement. In 2013, former Metro reporter Alex Boutilier fought for weeks to get the raw data from an OC Transpo customer survey through the Municipal Freedom of Information and Protection of Privacy Act.

When he finally got it, he found nothing questionable, scandalous or suggestive of why the city hadn't just coughed it up — apart from an ingrained habit of reflexive secrecy. A further request produced internal emails wherein a city staffer, after a prickly exchange with the frustrated reporter, had nicknamed him "Grumpy Cat."

Police chief Charles Bordeleau will present a report June 22 on the Parliament Hill shooting. But the city still refuses to release 94 recommendations from a security report on the incident from March. Metro has appealed the refusal. Grumpy has moved on, but frustrations continue.

Steve Collins lives in Ottawa. He might also be the guy behind you on the bus, pretending not to notice you're reading this. Act casual.

ROSEMARY WESTWOOD

metroview

Reforming carding is no small task, but it's also no small issue

A firestorm over police carding has spilled out of Toronto's city hall. Last week, Ontario promised to create provincial rules.

But racial bias in policing is far from a Toronto- or Ontario-only issue. It's a national one. We don't need to wait for another newspaper to collect data on police interactions with the public and crunch it for racial implications, as the Toronto Star did, in order to see that.

Carding — whereby officers stop people at random without suspicion of criminal activity and collect their information — is but one manifestation of the problem.

"It depends on the city that you're in, and things are labelled in different ways," said Joanne St. Lewis, an assistant professor at the University of Ottawa and expert in human-rights law.

Do police pay a higher degree of attention to aboriginal people in Winnipeg, she asked me, or lay a higher number of charges against them that don't lead to actual prosecutions? She answered her own question: yes. For evidence, see a report in Maclean's, which noted that researchers have found some young aboriginal men are stopped by police twice per month in the inner city.

"If you're out in Halifax, in Nova Scotia as a whole, is there a disproportionate attention to black people and aboriginal people in that jurisdiction?" St. Lewis asked me again, the answer implicit.

In Toronto, some have called for a complete ban on stopping citizens without cause. Others, like Noa Mendelsohn Aviv of the Canadian Civil Liberties Association, told me that, at the very least, the city needs clear rules to protect Torontonians' civil rights.

"There isn't a comprehensive (carding) policy that I'm aware of in any city in this country," she said. "We're saying: Want to be the first, Toronto? This is your chance."

Though, she noted, other forces should follow.

Maybe, as St. Lewis suggested, we should establish provincial bodies charged with undertaking a kind of annual audit for racial bias in policing (and a federal body for the RCMP).

But the first step would be for police forces to track their encounters with the public based on race and make that data public.

It's no small task, but it's also no small issue.

"All we're really asking the police forces across this country to do is to operationalize the Charter (of Rights and Freedoms)," Mendelsohn Aviv noted.

That's certainly not asking too much.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank
VICE PRESIDENT & EDITOR
Cathrin Bradbury
VICE PRESIDENT & GROUP PUBLISHER METRO EASTERN CANADA
Greg Lutes
MANAGING EDITOR OTTAWA
Steve Rennie
ADVERTISER INQUIRIES
adinfoottawa@metronews.ca
General phone 613-236-5058
FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

metro LIFE

Your essential daily news

L.A. edges out Rio as city with the hottest dating pool, according to an Expedia/Tinder survey

MMVA's red carpet party

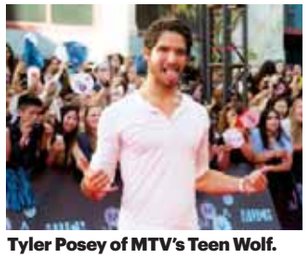
Toronto became Hollywood North as the stars flocked to town for Sunday's 2015 Much Music Video Awards. Brit singer-songwriter Ed Sheeran co-hosted this year's event, which included performances by Nick Jonas, Shawn Mendes, Jason Derulo, Carly Rae Jepsen and the night's big winner, The Weeknd. **TORSTAR NEWS SERVICE**

Fall Out Boy THE CANADIAN PRESS

Pretty in pink: Carly Rae Jepsen greets fans before the show. THE CANADIAN PRESS

The Weeknd TORSTAR NEWS SERVICE

The OHL's Connor McDavid
THE CANADIAN PRESS



Tyler Posey of MTV's Teen Wolf.
THE CANADIAN PRESS

Mariana's Trench TORSTAR NEWS SERVICE

Lights TORSTAR NEWS SERVICE

WINNERS

Video of the year
The Weeknd — Often

Best post-production
Zeds Dead f. Twin Shadow & D'Angelo Lacy — Lost You
Post-production: we are 1188; Grandson & Sons

Best EDM/dance video
Grandtheft f. Keys N Krates — Keep It 100

Best director
The Weeknd — Often
Director: Sam Pilling

Best pop video
The Weeknd — Earned It

Best rock/alternative video
Arcade Fire — We Exist

Best hip-hop video
P. Reign f. Drake & Future — DnF

Best MuchFACT video
Majid Jordan — Forever

Best international artist
Ed Sheeran

Most buzzworthy Canadian
The Weeknd

Most buzzworthy international artist or group
Ed Sheeran

Fan fave artist or group
Justin Bieber

Fan fave video
Shawn Mendes — Something Big

Fan fave international artist or group
One Direction

THE HANDY POCKET VERSION!

metro

Get the news as it happens

Download the Metro News App today at metronews.ca/mobile

TRAIN FOR A CAREER AS A
PERSONAL SUPPORT WORKER

CLASSES STARTING SOON!

PROGRAM OBJECTIVE This 27 week program provides the theoretical knowledge and the practical skills required to enter the healthcare field as a Personal Support Worker.

CAREER OPPORTUNITIES
Graduates will find employment within:
Long-Term Care Facilities • Group Homes
Hospitals - Retirement Homes/Residences
Agencies providing Homecare Service

Classes starting soon!
Contact us today
613-722-7811

ALGONQUIN CAREERS ACADEMY
1830 Bank St, at Walkley station
www.algonquinacademy.com

CASH IN THE BANK

Non-essentials have to go if you're serious about saving

MONEY MATTERS
Gail Vaz-Oxlade
gailvazoxlade.com

Can you give these up?

A lot of people think that if they have debt they should work on getting that debt paid off before they focus on saving. I DON'T. I believe that we can always find a reason — an excuse really — for not saving.

Saving money is important. I believe it's a habit. And I have a narrow definition of saving. Saving means setting aside for the long-term. You might put money in an RESP for your kids. You might put money in a tax-free savings account for emergencies. You have your company pension plan; you are taking full advantage of your company pension plan, right? And you might also set aside some money in an RRSP for retirement. Those are all savings.

I find people like to use the word "saving" for a lot of things that have to do with spending: I'm saving for my vacation. I'm saving for a new couch. I'm saving for a new pair of shoes. None of those things are actually "saving." They are planned spending. All that money you set aside each month to pay for Christmas, to cover your home maintenance, pay your property taxes or your car insurance is money you're planning to spend.

While your priority may be paying off your outstanding debt, you also need to be saving a little something. Most people can't start saving as much as they would like right off the bat. But that can't be your excuse for not saving anything at all. Starting small, and building from there, makes more sense than procrastinating because you don't think whatever you're saving is "enough." Don't get caught in the trap of all or nothing.

You, no doubt, will have a bunch of competing priorities. If you have kids you may want to be able to help them with their post-secondary education; an RESP is a great way to do that. But you must balance your need to help the kids with your own needs for long-term retirement savings. They'll have their own lives to live, their own kids to raise. They should not also have to be worrying about whether or not you're eating once you retire. So no matter how committed you are to helping your kids — or any other priority you may have — you must also focus on your own long-term savings.

Having some money set aside just in case is a very good idea. Into each life a little rain must fall and if you don't have an umbrella, you will get wet. The general rule of thumb is to have six months' worth of essential expenses set aside in an emergency fund.

Cable is not an essential expense. Nor are booze and cigarettes (no matter how many times you say it). Food is. Healthy food, not necessarily organic or premium options.

Figure out your essential expenses and set to work to accumulate a pot of cash to cover those expenses. Cash. Not a line of credit. A line of credit isn't an emergency fund no matter who tells you differently. A line of credit is debt waiting to happen! Cash in the bank is what you need. The point is to have the money accessible should you need it. Yes, I know the interest rates are sad, so don't settle; shop around for the best rate available.

Since savings can so easily disappear to whatever consumption bug has bitten you, put your savings away before you have the chance to spend that money on rubbish. Arrange an automatic debit from your main bank account to some far-off and difficult-to-get-to savings account. Money that disappears from view and is tough to get at if your shopping bug tries to take a bite out of your plan is more likely to be there when you really need it.

$ SAVE THIS MUCH

How to calculate your personal saving rate

Then there's the holy grail of savings: retirement savings. Make sure you count your pension plan contributions when you calculate your personal savings rate. Your personal savings rate is a measure of how much money you save out of the money you earn. You calculate your PSR by taking your monthly income and subtracting your monthly spending.

Notice I said "spending" and not "expenses." That's because sometimes our expenses and our spending don't match. You actually have to look at what you're "spending" not just what you think your expenses are.

So if you made $2,700 last month and you spent $2,650, here's the math:

$2,700 minus $2,650 = $50

$50 ÷ $2,700 x 100 = 1.85%

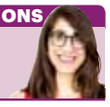
So what should your personal savings rate be? When it comes to retirement savings, if you're in your 20s, aim for 6 per cent. If you're starting in your 30s aim for 10 per cent. If you're already in your 40s and just getting started, aim for 18 per cent. (Remember, you have to add in your contributions to your company pension plan to your income for this to work because they count.)

Make summer work for you

SLOW DAYS

Office lulls are a great time to get organized and recharge

OFFICE RELATIONS
Eleni Deacon



You don't have to hit the pool to experience a summer cool-down. In many industries, the warmer months are also quieter months: as colleagues and clients take off on vacation, once-frantic workplaces often chill out. And while a more relaxed pace might be a welcome reprieve, it can also be tedious — after all, who wants to watch the clock tick from their desk when they could be people-watching from a patio? Whether you're facing a slow day or slow phase, lulls don't have to be dull.

Rather than getting frustrated, get organized. That stack of papers that's been accumulating on your desk since 2013? Sort through it. Those unread emails wasting space in your inbox? Delete them. Take stock of non-urgent tasks that kept falling to the bottom of your to-do list — updating your website, making new templates, writing follow-up notes to new contacts — and knock them off one by one. Don't think of downtime as nap time. Think of it as catch-up time.

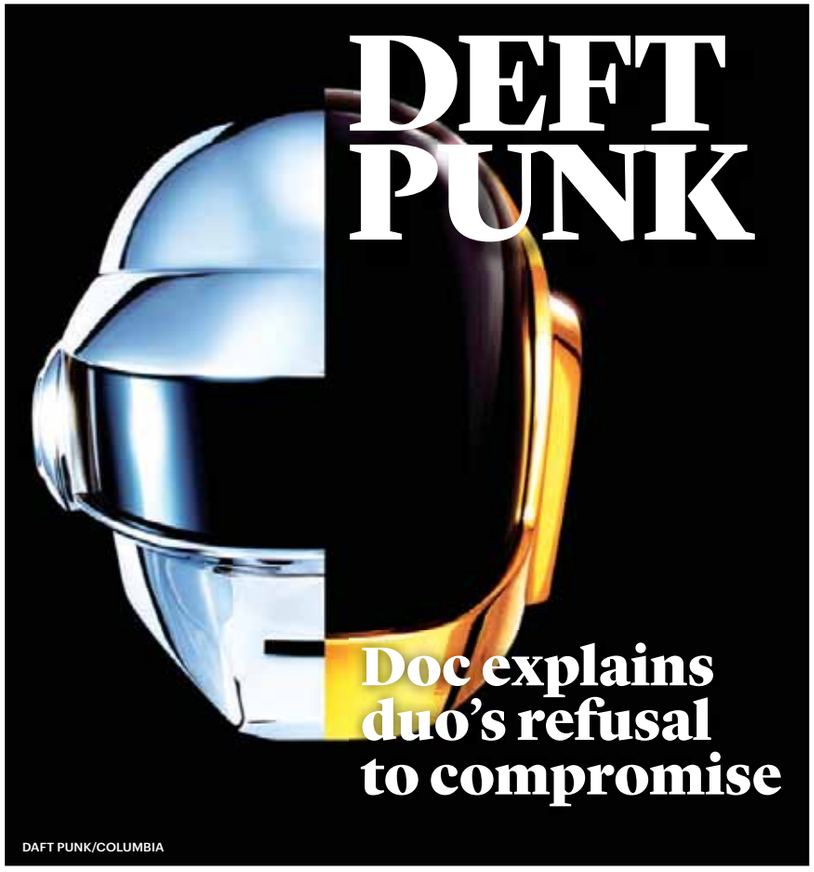
Struggling to stay off the internet during sluggish afternoons? Don't even try. Instead, make your surfs relevant to your work. Review news sites that report on your field, or read how-to blogs related to your role. If there are areas of your job in which you don't feel quite confident, research that topic until you feel like an expert. Or learn from other experts by signing up for webinars or following an online course. Your boss may not be pleased if you fritter hours on Facebook, but she'll likely give a thumbs-up to online forums of professional development.

If you have time to surf the net, impress the boss by making your browsing work-related. ISTOCK

Another way to drown out chirping crickets: talking to other people. Long lunches aren't just a way to kill time — they're also a chance to get closer to your colleagues, which can lead to more effective (and fun) working relationships. You can also socialize outside the office. When your days aren't packed with hands-on tasks, book coffee with clients or colleagues from other organizations that you haven't seen for a while. Making time for an in-person powwow can both strengthen your connection and jump-start upcoming projects.

Leisurely summers can feel extra-lazy, but even doing nothing is something. By gearing down and stepping back, you have the chance to recharge. So when your routine once again ramps up, you'll be ready.

"Don't think of downtime as nap time. Think of it as catch-up time



DEFT PUNK

Doc explains duo's refusal to compromise

DAFT PUNK/COLUMBIA

The mystery surrounding Daft Punk, the star French musical duo who usually keep their identities hidden under full-face robot helmets, will be lifted a little more in a new TV documentary to premiere internationally this week.

Daft Punk Unchained, made by BBC Worldwide France, uses rare archive footage and interviews with friends, producers, journalists, DJs and high-profile fellow artists such as Pharrell Williams and Kanye West to trace the rise of the pair who made 2013's phenomenal global hit Get Lucky.

The two members of Daft Punk, Thomas Bangalter and Guy-Manuel de Homem Christo, gave unprecedented approval for the 85-minute documentary.

Normally reticent to talk to media, their voices are heard in excerpts lifted from some rare past interviews. In keeping with the enigmatic aura they have cultivated, they largely leave the way they are portrayed to others.

Hits and helmets

The documentary gives a chronological rundown of Daft Punk's 20-year career.

It recounts their false start as Parisian youngsters in a 1992 rock band called Darlin' that earned them a poor review in a British music magazine dismissed their efforts as "daft punky thrash" — and how they ended up appropriating that as their name as they embarked into electronic dance music.

Da Funk, their first commercial hit that came out in 1995, launched them into international stardom. In a break with industry practices at the time, they kept artistic control and were willing to eschew money from their record label Virgin to maintain it.

The 1997 video clip for their next big hit, Around the World, saw them donning spray-painted motorbike helmets to lend them a robotic air.

Afterwards, they kept the look and took it further, with custom helmets, to build their image, maintain their mystique — and to be able to take them off and escape the problems of fame whenever they liked.

"We have daily lives that are a lot more normal ... than the lives of artists who have the same level of fame as us but who might be attached to being physically recognized," Bangalter says in an excerpt included in the documentary.

"Weirdly, the invention of the robots is what allowed them to stay human, to stay completely free," the chief editor of the French music magazine Inrocks, Jean-Daniel Beauvallet, explains in the film.

At the other end of the spectrum, the documentary shows Williams and West, two big music stars who have worked with Daft Punk but who actively court celebrity.

No compromise

Beyond the helmets that have become the symbol of the French pair, Daft Punk's unbending refusal to compromise musically has become their signature.

They have taken financial risks, such as producing an animation film by Japanese anime master Leiji Matsumoto, Interstella, with the music from their second album, Discovery, as the soundtrack.

"Daft Punk is a group in the history of pop music that perfectly incarnates the desire to stand up for their vision no matter what it costs, not for narcissism but to realize their dreams," the documentary's director, Hervé Martin-Delpierre, told AFP. AFP

CRITICAL LOVE

The 2013 album Random Access Memories brought Daft Punk five Grammy awards — including album of the year and record of the year for Get Lucky.

Introducing the NEW wheels.ca

Brought to you by TOYOTA

Browse Articles, Vehicle Research and Vehicle listings by Lifestyle

Browse our collection of Guides and Road Trips for the perfect getaway

Research and Compare to find the vehicle that's right for your Lifestyle

A LITTLE FRIENDSHIP NEVER KILLED ANYONE.
WINNER sundance AUDIENCE AWARD 2015
WINNER sundance GRAND JURY PRIZE 2015
THIS IS THE NEWSPAPER AD WHERE YOU MEET
ME AND EARL AND THE DYING GIRL
PG-13

YOU COULD

WIN

an advance screening pass for 2 to see ME AND EARL AND THE DYING GIRL on June 24!

visit clubmetro.com to enter

FOX SEARCHLIGHT PICTURES

No purchase necessary. Contest open 12:01 am on June 19, 2015 to 11:59pm on June 22, 2015 to legal residents of Calgary and Ottawa (ex QB) of age of majority in their province of residence at time of entry. Prizes available 20 double passes to the Me And Earl And The Dying Girl screening per market. ARV $25.00 a pair CDN. Odds depend on number of eligible entries received. Internet, email address, and math skill testing question required. Rules and entry www.clubmetro.com

metro SPORTS
Your essential daily news

17-year-old Canadian Brooke Henderson won the Four Winds Invitational in Indiana

IN BRIEF

Murray does double duty for 4th Queen's Club title

Andy Murray claimed his 34th career title on Sunday with a 6-3, 6-4 victory over unseeded South African Kevin Anderson in the final of the grass-court Queen's Club tournament.

Top-seeded Murray also won the event in 2009, 2011 and 2013. He joins John McEnroe, Boris Becker, Andy Roddick and Lleyton Hewitt as a four-time winner of the event.

Earlier Sunday, the third-ranked Murray completed a 6-3, 7-6 (4) semifinal win over Serbia's Viktor Troicki after rain stopped play Saturday. THE ASSOCIATED PRESS

Rosberg emerges from Hamilton's shadow for win

Nico Rosberg showed his championship potential by overtaking pole sitter Lewis Hamilton on the first turn and went on to win the Austrian Grand Prix in style on Sunday.

The German driver, runner-up to his Mercedes teammate in last year's Formula One championship, took an aggressive inside line to shoot past Hamilton heading into the first turn. Rosberg's third win this season took his career tally to 11, and cut Hamilton's overall lead to 10 points. THE ASSOCIATED PRESS

Scherzer riding high of throwing no-hitter

A day later, Max Scherzer couldn't stop smiling.

"I'm doing great," the Nationals right-hander said the morning after he threw a no-hitter and came within a strike of a perfect game before hitting Pittsburgh's Jose Tabata in Washington's 6-0 victory.

Max Scherzer GETTY IMAGES

"I didn't get much sleep, but that's for a good reason, just on a high from the game."

In his past two starts, Scherzer has retired 54 of 57 batters with a combined 26 strikeouts. He is 8-5 with a 1.76 ERA for the season. THE ASSOCIATED PRESS

WOMEN'S WORLD CUP CANADIANS DISMISS THE SWISS Josee Belanger, second from left, celebrates scoring a goal with her Canadian teammates during a round-of-16 match against Switzerland in Vancouver on Sunday. Belanger's marker in the 52nd minute held up as the match's only goal as Canada advanced to the quarter-finals with a 1-0 win. Canada will next face the winner of Monday's match between England and Norway. Earlier in the day, Australia eliminated Brazil with a 1-0 victory, while France advanced by beating South Korea 3-0. JEFF VINNICK/GETTY IMAGES

Jays lose slugfest to O's

MLB

Baltimore rallies to score 4 runs against Toronto closer

SUNDAY In Toronto

ORIOLES	BLUE JAYS
13	9

Toronto Blue Jays closer Brett Cecil could have gotten out of Sunday's ninth inning unscathed.

After back-to-back one-out walks in a 9-9 game, shortstop Jose Reyes misplayed what could have been an inning-ending double play ball on a J.J. Hardy single. Instead, Chris Davis score the go-ahead run from second base and the Baltimore Orioles rallied for a 13-9 victory over Toronto.

"I got a little bit confused, that's no excuse," said Reyes. "That should be into the double play there and Cecil would be out of the inning. I saw Kawa (Munenori Kawasaki) was right there … I had to continue to charge the ball and try to make a play, especially in that situation there."

The Toronto Blue Jays erased an early 7-0 deficit and took a 9-7 lead in the fourth, but it all unravelled in the ninth.

Ryan Flaherty followed up Hardy's single with a two-run triple, and later scored.

"The walks like today, he hasn't been really sharp, hasn't been able to locate his fastball," Blue Jays manager John Gibbons said of Cecil. "Baseball gods are going to punish you for (the walks). Always have, always will."

Cecil (1-4) picked up the loss as the Blue Jays (37-34) wrapped up a five-game homestand with a 3-2 record.

Reliever Darren O'Day (4-0) retired two hitters in the eighth for the win.

Orioles third baseman Manny Machado tags out Jose Bautista as the Blue Jays right-fielder was trying to steal a base on Sunday in Toronto. AARON VINCENT ELKAIM/THE CANADIAN PRESS

"It's a day game and the ball is flying and you're going to have a lot of runs scored," said Orioles manager Buck Showalter. "You just want to have a chance at the end. We had a lot of guys come out of the bullpen who bent but didn't break."

Both starters had an afternoon to forget.

Scott Copeland allowed six singles and a solo home run to Jimmy Parades as the Orioles (36-33) opened a 7-0 lead in the second inning.

The Blue Jays responded in the bottom half of the inning.

Ezequiel Carrera took Orioles' starter Chris Tillman deep to right for a three-run shot to get Toronto on the board. Kevin Pillar followed up with a solo shot to pull the Jays to within three.

After Ryan Goins singled, Jose Reyes reached with a double, ending Tillman's afternoon.

Jose Bautista doubled off reliever Tommy Hunter, scoring a pair.

After the Jays tied the game in the third inning, Bautista gave them the lead with a two-run home run in the fourth. THE CANADIAN PRESS

RECIPE Pork Tenderloin with Orange-Balsamic Glaze

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Ready in
Prep time: 5 minutes
Cook time: 25 minutes
Serves: 6

Ingredients
- 1 1/2 lb pork tenderloin (2 small loins)
- 1/4 cup frozen orange juice concentrate or orange juice
- 1/4 cup apricot jam
- 1 Tbsp balsamic vinegar
- 1 Tbsp olive oil
- 2 tsp grated orange zest
- 1 tsp minced garlic
- a pinch of salt and freshly ground black pepper
- 3 Tbsp chopped fresh parsley or cilantro
- 1/4 cup diced dried apricots

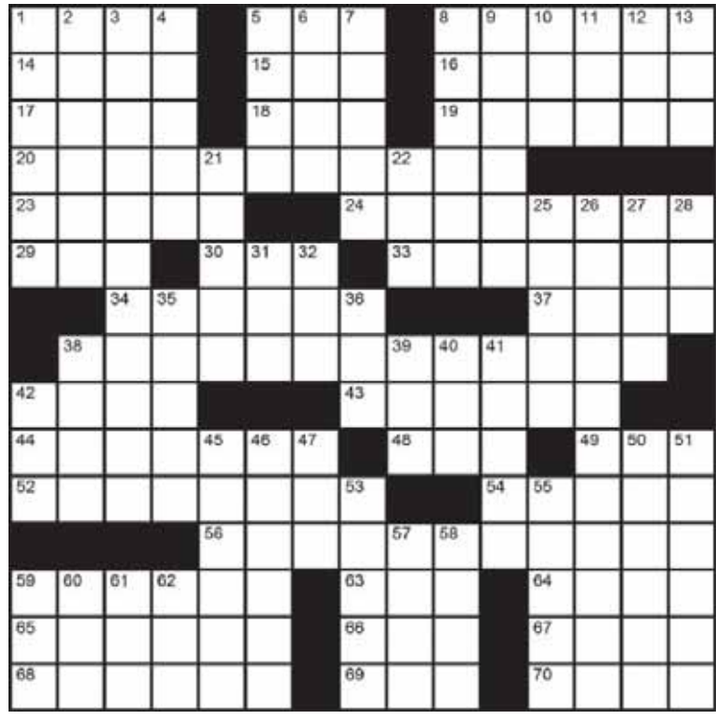
Directions
1. Preheat the oven to 425°F. Line a 13- by 9-inch baking dish with parchment paper.
2. Lightly spray a non-stick grill pan or skillet with cooking oil and place over high heat.
3. Sear the tenderloins for about two minutes per side, or just until browned. Place in the prepared baking pan.
4. To make the glaze, combine the juice concentrate, jam, vinegar, oil, orange zest, garlic, salt and pepper until smooth. Spoon 1/4 cup of the glaze over the tenderloins and bake for about 20 minutes or until the internal temperature reaches 145°F for medium.
5. Reheat the remaining glaze. Slice the tenderloin and serve with the glaze overtop. Garnish with chopped parsley and diced apricots.

Nutrition per serving
- Calories 206

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Bows
5. Suit's shoulder stuffing
8. Beethoven's "Piano Sonata No. 24 in _-_ Major, Op. 78"
14. Rocker Greg
15. Amaze
16. Did well on the quiz: 2 wds.
17. Planes-related org.
18. Tennis shot
19. Light units
20. Edmonton neighbourhood, _ Towne
23. _, Texas (Fictional setting of "King of the Hill")
24. Canadian artist, Alex _ (b.1920 - d.2013)
29. Compass dir.
30. _ _ T (Toronto sch.)
33. Important cargo
34. Reggae legend Bob
37. Jazz vocalist Ms. Anderson
38. Item being held at #56-Across: 2 wds.
42. Like an officially mailed letter, briefly
43. Hit a homer, slang-style: 2 wds.
44. Racing spot in a pool, say: 2 wds.
48. Vancouver International Airport's code
49. Bear: Spanish
52. Some of Prince William's relatives
54. Hyperion, for one, in Greek myth
56. Painting by #24-Across, Woman at _
59. Practical
63. Help
64. CCR tune
65. Kinfolk
66. Cereal grass
67. Make a growling noise
68. Early stages of things
69. Beige
70. Nobel Peace Prize city

DOWN
1. Some large dogs
2. Kitchen gadgets for potatoes
3. Burton Cummings song; or, Holy Roman Empire guy
4. Lucy of Charlotte Bronte's 1853 book Villette
5. _ Mall (Street in London, England)
6. Absentee soldier stat.
7. New Brunswick community
8. Jolly refrain in a particular festive song...: 3 sounds
9. Ailment for sailors of yore
10. Skirt section
11. 'Block' suffix
12. Tin Tin's lead-in
13. Liq. measures
21. Bury in a way
22. Elephant gr. in US politics
25. "_ _ It" by Enrique Iglesias
26. No. 9 in The Clovers song, and others: 2 wds.
27. Montreal 'milk'
28. Dutch city
31. Former
32. Not opposin'
35. Pulitzer-winning poet W.H.
36. Charlottetown Airport code
38. Jump
39. U2 album
40. Dictionary abbr.
41. Works by the Rockefeller Center muralist
42. Treasure Island author's monogram
45. Supernatural
46. Ms. Furtado's
47. _ e Leandro (Luigi Mancinelli opera)
50. Summery shoe
51. 'Dream'-related prefix
53. Begin
55. Volunteer's you-stay-behind words
57. "Howdy!"
58. Paradise
59. Martian's craft, usually
60. _ Francisco
61. First aid team, e.g.
62. "Yuck!"

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Despite what some might say you are under no obligation to like or even approve of everyone you meet. We are supposed to be different — it's what makes the world such an interesting place.

Taurus April 21 - May 21
You may not be in a sociable mood but if you make an effort and talk to the people you meet you will discover something to your benefit. You may also discover that some people are smarter than you expected.

Gemini May 22 - June 21
Are your money problems real or imagined? According to the planets you are worrying for no good reason, so don't do something drastic today just to give your cashflow a boost — chances are it does not need it.

Cancer June 22 - July 23
Today's Jupiter-Uranus link will put you in a positive frame of mind but there is still a danger you could overestimate your abilities and do something silly. Make sure you know what you are getting yourself in for.

Leo July 24 - Aug. 23
Jupiter in your sign will protect you and Uranus in Aries will bring new opportunities to shine. Also, try to be tolerant of people you don't much like. Maybe they are not as bad as you think.

Virgo Aug. 24 - Sept. 23
The most important thing this week is that you think for yourself. If you accept what other people tell you without question there is a chance that you will be misled — and that could cost you money.

Libra Sept. 24 - Oct. 23
People in positions of authority are keeping an eye on you, so try to present yourself to the world in a way that highlights the caring side of your nature. If you do, the world is more likely to care about you.

Scorpio Oct. 24 - Nov. 22
The planets indicate that you have been worrying for no good reason — again. Today's Jupiter-Uranus link will open up a whole new world of opportunities and make you realize that you were wrong to be so distrustful.

Sagittarius Nov. 23 - Dec. 21
Something or someone will grab your attention today. This is an exceptionally good time for both creative matters and affairs of the heart. With Jupiter, your ruler, involved, you are sure to be the center of attention.

Capricorn Dec. 22 - Jan. 20
You may have reason to be angry with what someone has said or done but you are advised not to make an issue of it. Today's cosmic outlook will help you overlook their failings and remember they have a good side too.

Aquarius Jan. 21 - Feb. 19
You need to get organized and devote different parts of the day to different tasks, because if you allow things to overlap you will not get much done. Remember: work expands to fill the time allotted to it.

Pisces Feb. 20 - March 20
You will be torn between your head and your heart over today. As a Water sign you are more likely to follow your emotions and that's good because your mind is liable to play tricks on you. It's what you feel that matters.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			5		9			
		4	8		6	7		
3								1
8	9						1	5
				2				
7	3						4	2
4								6
		1	2		5	8		
			7		4			

©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

How's the news today?
Join our Online Reader Panel and help make your **Metro News** even better.
Join for a chance to win a $25 gift card.
metronews.ca/panel
metro

CHARGED WITH IMPAIRED DRIVING?
X COPPER
NEW Location: 1901 Bank Street (613) 778-8660

clearly™ | see life shine™

ONLINE www.clearly.ca

CALL 1-866-414-2326

TWICE AS NICE

*buy one pair, get the second free**

LAST CHANCE

ENDS JUNE 26

500+ styles, while quantities last!

*Exclusions apply